

Accessible Mass Reaches Out to Everyone

In an exciting new initiative, an Accessible Mass has been introduced at a NSW Central Coast church to welcome people of all abilities, including individuals and families living with disability, neurodiversity, or additional needs.

At its heart, this Mass is about belonging. It is a simple but important reminder that every person has a place at the Eucharistic table and in the life of the Church.

Holy Cross South Kincumber Catholic Church will hold the Accessible Mass the second Sunday of every month – including this Sunday, 12 April.

The Mass is celebrated in a supportive and flexible environment where people can participate in ways that feel comfortable for them, with a particular focus on providing support to those with neurodiversity and sensory needs. The aim is to create an atmosphere where families, carers, and support workers are warmly invited to attend, participate, and feel at ease to pray as they are.

Mission Broken Bay, along with Catholic Schools Broken Bay are now developing strategies and resources to support this initiative so that it is carried out in faith, love, and reverence for the dignity of every person, allowing families to prepare for their attendance and support their participation. It is hoped that this Mass will encourage parishes across the diocese to consider offering something similar or adapt resources for their own community's use.

For more information [Accessible Mass Visual Story - Catholic Diocese of Broken Bay](#)

ACCESSIBLE

Mass

