

Empowering Everyday Disciples: Areté Centre Opens Applications for 2026 Foundations of Missionary Leadership Program

The Arété Centre for Missionary Leadership is pleased to announce that applications are now open for the 2026 intake of its acclaimed Foundations of Missionary Leadership program, a transformative journey for Catholics seeking to deepen their faith and be formed to lead with purpose in today's Church.

Now in its fifth year, the program has become a trusted formation pathway for lay parishioners, Catholic educators, RECs, family educators, principals, and ministry leaders across Australia and New Zealand. Many graduates have gone on to secure leadership roles in Catholic schools, parish ministries, diocesan offices, and national organisations, including Helena Roumanus, a 2023 graduate who is now the Project Officer at the Catholic Women's Network in the Sydney Archdiocese. "What I received from Arété was more than just head knowledge, it was heart knowledge. I went from intellectually knowing that God loves me to truly experiencing it in my heart and living from that place every day. It's transformed how I show up as a wife and mother, in my friendships, and even in my workplace." Helena Roumanus, 2023 Arété Graduate.

"We are now in the fifth year of intake and have begun to see so much fruit in the parishes that have sent people year after year," says Fr Chris Ryan MGL, Director of the Arété Centre. "We can see the ripple of this not just in parishes, but in workplaces, and in families. It's not uncommon for family members to send other family members, or for husbands and wives to journey together or in consecutive years."

The program offers a rich blend of theological formation, spiritual growth, practical leadership training, and community life. With a flexible format, including online learning, live retreats, and mentoring, the program is accessible to people from all walks of life and locations.

Whether you're discerning your next step, serving in a parish, teaching in a Catholic school, or simply longing to grow in your faith and share it with others, this program is for you.

To learn more about the program or to download the e-prospectus and apply, visit www.aretecentre.org.

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