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FOR IMMEDIATE RELEASE

CATHOLICPSYCH INSTITUTE AND CAMPION COLLEGE LAUNCH CPFLOURISH

SYDNEY, AUSTRALIA — Campion College Australia has become the first higher education provider to collaborate with the CatholicPsych Institute to launch CPFlourish. This groundbreaking initiative aims to revolutionise mental health support by fostering strong psychological wellbeing through practitioners who fully embrace and integrate Catholic wisdom and teachings.

Starting from July 2024 through June 2025, Campion College students, staff, alumni, and their families will receive significant discounts on a range of psychological resources and tools available within the CPFlourish Portal. The initiative underscores the importance of faith-based psychological practice, combining faith, reason, and science to ensure trusted and holistic mental health support.

Key offerings within the CPFlourish Portal include the Integrated LIFE App, Integrated Daily Dialogic Mentorship (IDDM), IDDM Leadership Evolution, IDDM Wellbeing Discovery Month, and IDDM Comprehensive Support. These resources are designed to foster personal and spiritual growth, enhance leadership skills grounded in Catholic values, and provide comprehensive support for mental and spiritual wellbeing.

Dr. Gregory Bottaro, founder of the CatholicPsych Institute, emphasised the significance of this collaboration, stating, "CPFlourish represents a new era in the integration of faith and psychology. This partnership with Campion College allows us to provide a unique, faith-based approach to mental health and wellbeing, ensuring that each person receives the highest standard of care that resonates with their values and beliefs."

Dr. Paul Morrissey, President of Campion College, expressed his excitement about the project, saying, "We are thrilled to partner with the CatholicPsych Institute on this pioneering project. CPFlourish will offer our community unparalleled access to resources that support both their mental and spiritual health, truly reflecting the holistic education we provide at Campion College."

The CatholicPsych Institute is renowned for its dedication to providing psychological services deeply rooted in Catholic teachings. By integrating faith, reason, and science, the Institute offers a unique approach to mental health that is trusted by Catholics worldwide.

Campion College, Australia's first liberal arts college, is committed to the integration of faith and reason in the pursuit of truth. Located in Sydney, the College offers a distinctive tertiary experience that prepares students for a life of thought, action, and virtue.

For more information about CPFlourish, visit <https://catholicpsych.com/cpflourish-australia>
