



Media Release

27th November 2020

## ACPPAConnect launches to support Principal Wellbeing

The Australian Catholic Primary Principals' Association, together with Brennan Law Partners are pleased to launch **ACPPAConnect**, a wellbeing portal for every Catholic Primary Principal.

It is well documented that the pressures and burdens facing school Principals are having an adverse impact on their health and wellbeing. Every year, more Principals detail the toll that their complex, diverse and high impact work is taking on them. The consistent indication is that they need more support in the area of health and wellbeing.

Together with Brennan Law Partners, an industry leader in the Catholic education space delivering specialised legal services to education institutions and leaders, ACPPA has set out to meet those needs by creating a dynamic wellbeing platform as part of ACPPA's strategic focus on advocacy and action for Principal health and wellbeing.

ACPPA President, Brad Gaynor, said 'this project is a fitting culmination of many months of hard work and I hope it provides meaningful and useful support to our hard-working Principals for both their personal and professional use.'

**ACPPAConnect** was born out of the acute awareness that despite the available data on the stress experienced by Principals across Australia, and the research into how positive health and wellbeing of a Principal positively impacts school success, more needed to be done.

**ACPPAConnect** is the answer through collating and creating targeted resources and is the wellbeing platform our Principals have been waiting for.

**FREE** - All resources on the portal are free for members. This is a safe space for members where they are offered helpful, supportive resources that are directly tailored to supporting them in their role.

**USERFRIENDLY** - The portal is dynamic. It responds to the direct needs and feedback of users to create a truly unique and personalised wellbeing solution.

**IMMEDIATE** - The portal is available 24/7 via a password protected link through the ACPPA website.

**ACCESSIBLE** - The resources are intended to be easy to use and understand as well as directly targeting the Principal members' personal and professional needs.

**ACPPAConnect** is a revolutionary way to address the personal and professional health and wellbeing of Catholic Primary School Principals in Australia. We are proud of the dynamic platform, innovative resources and genuine care and support we offer to members across the country.

The Australian Catholic Primary Principals' Association (ACPPA) represents over 1200 Catholic Primary School Principals across Australia and is the peak body for Catholic Primary Principals.

*Media Contact: ACPPA President: Brad Gaynor: 0412 780 668*

ADVOCACY AND ACTION FOR CATHOLIC SCHOOL LEADERSHIP

[acppa.catholic.edu.au](http://acppa.catholic.edu.au)

