

Media Release

4 June 2020

Creating Hearts of Love to remember

Ensuring our residents and clients remain connected while being apart has been one of the main goals of the Mission team.

Following the COVID-19 restrictions, the team started the Cards of Love project, which provided materials for our aged care residents to create their own personalised cards for their family and friends.

The Mission team are now busy working on their second project, Hearts of Love. They aim to make 200 colourful hand-sewn and decorated 'welcome' hearts for new residents, and 200 red sympathy hearts for families.

Liz Winston, Mission Team Leader says the Mission team have created packs of materials for interested volunteers.

"The project has been a wonderful way for our volunteers who regularly visit our residences to stay in touch and continue to provide a service to VMCH by using their creative skills at home," says Liz.

"We have had quite a few volunteers and staff take up the offer to create the hearts. I like to call it 'craft with purpose' and it is truly a project of love!"

Liz says the sympathy hearts will be given to families of residents at end of life, along with a sympathy card with messages from residents and staff, and a bookmark. The heart will be sent with the message:

***"Little by little, we let go of loss
but never of the love in our heart."***

"We wanted to give a token of remembrance for families to keep and hopefully it will be a small kindness we can offer at a difficult time for family and friends.

"It is amazing to see all the unique hearts returning. It is another reminder of the wonderful ways our volunteers contribute to help others."

VMCH has more than 600 volunteers of all ages, cultural and spiritual backgrounds helping in areas such as social visits, arts and crafts, music, education, transport, administration, op shop customer service and support with one-off events.

To find out more about VMCH, call 1800 036 377 or visit www.vmch.com.au.

Media enquiries

Julia Preston

Communications Adviser

T: 03 9926 2419

M: 0413 285 545

E: julia.preston@vmch.com.au

W: www.vmch.com.au

About VMCH

Here at VMCH, our services are as diverse as the people we support.

Our values underpin the work we do. As a Catholic not for profit organisation, compassion, respect and inclusion aren't just words to us, they guide us in everything we do.

While we've been around for over a century, we're always moving forward. We stay true to who we are by supporting people and families to live their best lives, providing a place to call home and spaces to learn and grow.

Our professional and compassionate teams are with you on your life journey. We provide a wide range of support from early learning and therapy, specialist education, disability services, affordable homes, residential aged care, retirement living and at-home aged care.

